



Included Patient Scenarios

Your Next Patient Is Ready To See You



Prehospital



Car Accident

Andrew has been in a motor vehicle accident and is complaining of a headache.



Epididymitis

Robyn, a trans woman, has called emergency services with debilitating pelvic pain.



Mental Health

Daniel has been banging his head against the wall and reports that he's been more withdrawn as of late.

Gerontology



Pancreatic Cancer (BBN)

Virginia has come to the clinic today to learn that her last week's CT shows stage 4 pancreatic cancer.



Benign Prostatic Hyperplasia (BPH)

Clifford presents to the clinic with complaints of increased urinary frequency, inability to initiate urination, nocturia and pain after ejaculation.



Hip Fracture

Ken fell on his hip and in pain. Ken is the sole caregiver for his wife, who has Alzheimer's disease.



UTI

Doris is confused, and having memory problems. Her boyfriend has noticed she's been more forgetful lately.



Pneumonia Complications (EOL)

Poppy is in the hospital with pneumonia. She is now feeling worse. She wants to say goodbye to her daughter.



Risk of Falls

Margo has a home visit following being discharged from the hospital yesterday. She is at risk due to not taking her medications.



Edema / CHF

Mike struggles to walk with the swelling in his legs. He's also worried about the other symptoms he's been having over the past few days.



Covid / mental health

Patricia is in her room at Sunny Acres Long Term Care Home. She has not been feeling well and is not herself.



Mental Health



Suicide Attempt Overdose

Erik, a young non-binary person, has been admitted to the Emergency Department having overdosed using over the counter pain meds.



Alcohol Overuse Disorder & Homelessness

Nisha is in alcohol withdrawal, and wants medication to manage her withdrawal symptoms.



Opioids Addiction & Withdrawal

Nisha knows she has a drug problem, she's hoping Methadone will help her manage the pain today.



Suicidal Ideation

Nisha's friends are concerned for her safety after finding a "goodbye note" and have brought her to the Emergency Department.



Insomnia

Vincent is a retired veteran who is struggling to sleep at night.



Medication Seeking

Vincent came in for a follow up visit requesting more sleeping pills. His last visit was 3 weeks ago.



Depression

Vincent's appearance is unkempt. He reports that his insomnia has returned, and he feels hopeless.



Generalized Anxiety Disorder (GAD)

Vaughn is reluctantly seeking care for stress and exhaustion.



Insomnia

Val is complaining of fatigue and insomnia over the past month.



Essential Care



Healthy Routine Physical

Alex is here for his annual physical exam.



Abdominal Pain

Emily has been having abdominal pain the last 3 days. She was hoping it would go away, but it's getting worse.



Acute Headache

Valerie is at her wit's end with these constant headaches, and medication is no longer helping.



Inclusive Sexual Health

Vivian is a new patient at the practice, establishing care. She's also hoping to renew her contraception prescription.

Acute Care



STEMI

Alex was at home last night watching TV when he had a sudden onset of mild chest pain.



Angina

Ray has been having chest pain with exertion for over a month, but it's progressing and he now has jaw pain.



CHF

Richard is experiencing shortness of breath and occasional chest pressure.



COPD

Annette can't seem to catch her breath, and it's getting progressively harder for her to breathe.



Pneumonia

Betty has come to the ER feverish, nauseous, and wheezing.



Allergic Reaction

Mackenzie's boyfriend brought her from the restaurant they were eating at because of sudden shortness of breath.



GERD

Vikki has had recurring chest pain over the past year that lasts 15-20 minutes then dissipates.



Ischemic stroke

George's colleague drove him to the ER after noticing facial drooping.

Complex Procedures



Hypertensive Emergency (Arterial Line)

Aarón was admitted with severe headache, shortness of breath, and chest pain. He needs arterial line placement.



Hemodialysis Access Failure (Central Line)

Cecil is in the hospital with a need for vascular access for hemodialysis due to his end-stage renal disease.



Respiratory Distress (Endotracheal Intubation)

Elliot was urgently admitted to the hospital due to acute hypoxic respiratory failure. He requires immediate intubation and mechanical ventilation.



Symptomatic Shortness of Breath (Paracentesis)

Patrick presented to the hospital with abdominal distension, discomfort, and increasing abdominal girth over the past few weeks.



Dyspnea from Pleural Effusion (Thoracentesis)

Thelma has worsening dyspnea and a persistent dry cough that has developed over the past three weeks.



Pediatric Care



Bullying

Ronnie is back in school and having a recurrence of abdominal pain.



Respiratory Distress Child & Mother

Violet's Mom is worried about her daughter's high fever and labored breathing.



Appendicitis

Chloe's mom has brought her to the emergency department with symptoms of abdominal pain, fever, and vomiting.



Ear Pain

Amara brought her one-year-old son to the clinic because he's been irritable and tugging at his ears.



Pediatric Well Visit

Joel is here for his annual well adolescent visit and a sports physical.



Women's Health



Irregular Periods

Claire and her husband are hoping to conceive, and she's concerned about her irregular periods.



Prenatal Visit

Lara has recently moved to the area, and is establishing prenatal care.



Postpartum Depression

Victoria gave birth 10 weeks ago and is finding it difficult to re-engage.



Severe Preeclampsia

Maya is 36 weeks pregnant and has arrived at the ER with a headache and cramping. Includes NCLEX Readiness Resource Set

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Inpatient Care



Internal Bleed

Deshawn had surgery for colon cancer, and is two hours post-surgery. He is in pain, finds it hard to stay awake.



Discharge MVA (Substance Abuse)

James was brought to the ER by ambulance, after a minor car accident, and wants to be discharged.



Pulmonary TB w/Liver Complications

Juan is admitted for pulmonary tuberculosis with liver complications.



Ischemic Stroke

Martha is complaining of sudden dizziness, unexpected and sharp headache and right side weakness. She is in hospital, a day after surgery.



Stump Appendicitis & Sepsis

Ruth had an appendectomy 4 days ago. She's returned to the hospital because of abdominal pain, fever, nausea, vomiting and malaise.

Outpatient Care



Influenza (Seeking Antibiotics)

Vernon can't seem to beat his cough, running nose and sore throat. He demands antibiotics to get back to work.



Diabetes Follow Up

Vanessa missed her last appointment and is in the office today at her adult daughter's insistence.



Carpal Tunnel

Moses has been having weakness in his right hand making it difficult for him to work.



Gallbladder Disease

Cassie has had abdominal pain for the past week.



Acute Renal Failure

Anthony, at the behest of his family, is seeking care due to recent episodes of confusion and forgetfulness.



Cholelithiasis

Mary left a family barbecue with epigastric pain, diarrhea and vomiting.

